

OLIVER KAY

Fresh Produce Update

Week commencing 07/08/2023

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Fruit Of The Week



Blueberries

Currently from the UK. This superfood gives a great zing to desserts.

Veg Of The Week



Pea Shoots

Grown in Lancashire. Gives a lovely freshness and crunch to salads.

Quality Update

Key: ● = Alert ● = Warning ● = Resolved / For Info

CODE	PRODUCT	MARKET SITUATION	PHYSICAL CONDITION	COMMENTS/ACTION
75382	Baby Spinach	Wet weather causing stress to plants and low nutrient levels affecting colouration.	Concession made to allow pale or small amount of yellow discolouration in packs to ensure supply.	Use quickly and avoid storing.
71686 75623	Honeydew Melons	Reduced supply of EU crop this season due poor growing conditions.	Although sizes are still at the lower end, quality is improving.	Information only.
All Codes	Lettuce	Wet weather affecting growth and shelf-life of UK crop. Fancy Leaf very short supply due to lack of growth.	Heads are very delicate with some bruising causing pinking to outer leaves.	Use quickly. Remove affected outer leaves during preparation.
All Codes	UK whole Potato	Continued supply very challenging due to severe shortages of UK crop. Wet weather is affecting growth and making harvesting extremely difficult.	Some new crop has started to come through but the loose skins make them very delicate and prone to breakdown if not carefully handled/stored. Due to a lack of larger sizes, Jackets will continue as 2 for 1 for this week.	Use quickly and ensure product is stored in a cool, dark place to reduce the likelihood of breakdown.

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Additional Information

Supply Update: Tomatoes may be slightly more backwards in colour this week, especially the end fruit from trusses for the vine codes.

UK Grower update : The ongoing wet weather is causing problems for a lot of UK growers as nutrients are leaching from the soil, growth is reduced and harvest is becoming very difficult due to waterlogging. Open field grown products such as leafy salads and babyleaf have an increased risk of soil, weeds and insects inside so please be extra vigilant during washing and preparation.

New Season UK Red and White cabbage in stock this week. The whites will have a greener cast while still immature. UK greens including Chinese leaf, Bok Choi, Savoy cabbage and spring cabbage are still good.